

2026-27

Faculty of Health

York University



YORKU HEALTH

Imagine a world where everyone has the best chance to live a healthy life.

At York University's **Faculty of Health**, our mission is to positively influence health, wellness, and their social determinants through leading-edge education, research, and practice.

Our programs equip students to shape the future of healthcare, well-being, and innovation. Through engaging, hands-on experiences along with dedicated support from Calumet and Stong Colleges, including peer-based support programs and leadership development opportunities, our students gain the academic skills, career insight, and confidence to pursue their ambitions.

Faculty of Health graduates are ready for meaningful careers or graduate and professional studies.



Programs

GLOBAL HEALTH (BA, BSC) [LEARN MORE ►](#)

Join Canada's first undergraduate program in Global Health and examine the world's most urgent health challenges that transcend national borders such as climate change, pandemics, chronic diseases, and more. Tackle global health issues by building multidisciplinary knowledge, effective leadership skills, and a deep commitment to health equity and social justice. Engage in hands-on experiential learning, research, community partnerships, and opportunities to

NEUROSCIENCE (BSC) [LEARN MORE ►](#)

Discover how the brain and nervous system shape everything from movement to memory. Jointly offered by the **Faculty of Health** and the **Faculty of Science**, this interdisciplinary program introduces you to cognition, neurobiology, and sensory systems, with the option to specialize in cellular/molecular, cognitive/behavioural, or systems neuroscience in third year with a culminating capstone course in fourth year. Prepare for careers in



study or work internationally. Prepare for a wide range of impactful careers, such as in public health, medicine, law, and governance. Advance health and health equity for all at local, regional, and global levels.

HEALTH POLICY, MANAGEMENT & DIGITAL HEALTH / HEALTH STUDIES (BHS)

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Explore how you can become an agent of change in the Canadian health sector, where the demand for highly skilled project managers, digital health specialists, and policy analysts has never been higher. These interdisciplinary programs focus on health systems, policies, and digital tools, with an emphasis on analyzing and improving healthcare and understanding the social determinants of health. The **Specialized Honours BHS** in Health Policy, Management & Digital Health offers a work-integrated learning practicum in a hospital/healthcare organization, in addition to deepening your understanding of health policy, management, digital health and advances in AI. The **Honours BHS** has fewer health studies courses, providing flexibility to pursue a double major or a minor in another field.

KINESIOLOGY AND HEALTH SCIENCE (BA, BSC)

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Examine how physical activity enhances health, prevents disease, and supports overall well-being of individuals and communities, locally and globally. This nationally accredited, leading-edge program highlights the impact of physical activity on the body and health from cellular to society and through biophysical, behavioural, and sociocultural lenses. You will explore anatomy, physiology, biomechanics, nutrition, health psychology and more, while applying your learning through hands-on labs and York's unique movement-based Integrated Physical Activity for Life (IPAL) courses. Whether you are preparing for medical school or a career in rehabilitation science (e.g., athletic therapy, physiotherapy, and more), fitness, or research, you will graduate ready to make a difference through movement.

neuroscience research, health technology, and clinical or graduate studies in fields such as medicine, psychology, and biomedical science.

Three entry options: Neuroscience – Kinesiology & Health Science BSc (Faculty of Health), Neuroscience – Psychology BSc (Faculty of Health), Neuroscience – Biology BSc (Faculty of Science)

NURSING (BSCN)

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Build knowledge, clinical skills, and experience to become a compassionate and socially responsive Registered Nurse (RN). Through transformative learning, immersive simulation, diverse clinical placements, and a final capstone and practicum, you will graduate ready to deliver exceptional care. All programs are approved by the College of Nurses of Ontario (CNO), qualifying you to take the RN registration exam and launch your professional nursing career. You can choose specialized streams in high-demand areas of nursing care.

Three program options: Direct Entry Nursing from high school, 2nd Entry Nursing for students with 60 credits of prior university experience, and a Post-RN Nursing program for Internationally Educated Nurses

PSYCHOLOGY (BA, BSC)

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Explore how the mind works and why we behave the way we do. At York's Keele campus, you will study topics like mental health, neuropsychology, child development, and social behaviour, through social, developmental, clinical, and biological perspectives. With one of the largest selections of psychology courses in Canada, you can tailor your degree by completing up to two concentrations (clusters of courses in specific areas). For added specialization, you may also choose to pursue a certificate in aging, counselling, data analysis, or rehabilitation services. Pathways to professional studies (Psychologist, Psychotherapist) or careers in health services, justice, business, and more.

NEW! OPTIONAL CO-OPERATIVE EDUCATION (CO-OP)

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Gain paid, full-time work experience during your degree in Global Health, Health Studies (including Health Policy, Management & Digital Health), Kinesiology and Health Science, Neuroscience, or Psychology. Co-op helps you apply your learning, build your network, and develop career-ready skills.

EXPERIENTIAL EDUCATION (EE)

Earn course credit while gaining hands-on experience through work-integrated learning projects, community partnerships, and global opportunities like exchange programs, summer study at York's Las Nubes EcoCampus in Costa Rica, or faculty-led international courses.

STUDENT SUCCESS AT CALUMET AND STONG COLLEGES

In the Faculty of Health, student success extends beyond the classroom through the vibrant, supportive communities of Calumet and Stong Colleges. Stong College supports students in Kinesiology and Health Science and Nursing, and Calumet College supports students in Global Health, Psychology, and Health Studies (including Health Policy, Management and Digital Health).

From Peer Assisted Study Sessions (PASS), peer tutoring and in-class peer-to-peer support to mentoring and leadership development, students build academic skills, career insight, and a strong sense of belonging, community, leadership, citizenship and purpose.

HIGHLIGHTS

- York **Psychology** is ranked **4th in Canada** and is in the **top 75 Psychology programs worldwide** by ShanghaiRanking's Global Ranking of Academic Subjects 2024.
- York's **Kinesiology and Health Science** program was ranked among the **Top 10 Kinesiology programs** in Canada by Times Higher Education 2024.
- York's **Neuroscience** program has been recognized as a "standout" program by Macleans Magazine.
- **NEW!** Eligible Direct Entry nursing students may accelerate their degree and graduate in three years by taking summer courses.
- Our programs can prepare you for further professional (Medicine, Physiotherapy, Dentistry, Law, etc.) and graduate (Master's, PhD) studies or to directly enter the workforce in careers in healthcare management, policy, fitness and wellness, research, and more!
- Explore varied options through double majors, minors, or concurrent education.



Sample Courses

Students must complete specific required courses and elective credits as outlined in the Academic Calendar for their year of entry. Guidance on course selection will be provided to all incoming students before the start of the academic year. Below you will find sample required and elective course options. Courses in **bold red** represent some of our courses that integrate hands-on applications, simulations, and/or projects that connect classroom learning to work-integrated and community-focused experiences while earning course credit.

PROGRAM	SELECTED CORE COURSES	SAMPLE ELECTIVE COURSES
Global Health	<ul style="list-style-type: none"> • Foundations of Global Health I • Global Health Policy • Global Determinants of Health • Promoting Global Health • Health and Human Rights • Global Health Ethics 	<ul style="list-style-type: none"> • Agents of Change in a Global World • World Health Assembly Simulation • Introduction to Global Environmental Health • Global Mental Health • Global Health and Humanitarianism • Global Health Practicum
Health Studies Health Policy, Management, & Digital Health	<ul style="list-style-type: none"> • Social Determinants of Health • Health Policy: Power & Politics • Essentials of Health Care Management • Introduction of Health Informatics • Health Care Ethics • Applied Research Approaches in Health Studies 	<ul style="list-style-type: none"> • Health Care Leadership • Analysis and Design of Health Information Systems • Health and Human Rights • Community Partner Field Project • Health Policy & Management Practicum
Kinesiology and Health Science	<ul style="list-style-type: none"> • Fitness and Health • Sociocultural Perspectives in Kinesiology • Human Anatomy • Human Physiology • Psychology of Physical Activity and Health • Biomechanics of Human Movement • Exercise Physiology • Human Nutrition 	<ul style="list-style-type: none"> • Olympic Games: Heroes and Villains at Play • Fitness Consulting and Personal Fitness Training • Public Health Nutrition and Food Policy • Neural Control of Movement • Athletic Injuries • Adapted Physical Activity • International Development & Sport
Neuroscience	<ul style="list-style-type: none"> • Frontiers of Neuroscience • Fundamental Molecular and Cellular Neuroscience • Systems, Behavioural and Cognitive Neuroscience • Neuroscience Techniques • Molecular and Cellular Neurobiology • Functional Neuroanatomy 	<ul style="list-style-type: none"> • Neurobiology • Neuroscience of Aging & Cognitive Health • Disorders of Visual Cognition • Sensory Systems • Neural Control of Movement • Principles of Neurorehabilitation
Nursing	<ul style="list-style-type: none"> • Health Assessment • Mental Health Across the Lifespan • Leadership, Change and Innovation • Health of Families and Social Groups • Acute and Complex Health Challenges • Integrated Practicum • Critical Reflection and Clinical Reasoning 	<ul style="list-style-type: none"> • Health Care Planning for Communities • Nursing Care of Adults in High Acuity Settings • Critical Perspectives in Mental Health Nursing • Therapeutic Modalities in Mental Health Nursing • Advanced Pediatric Nursing • Care of the Older Adult in the Community
Psychology	<ul style="list-style-type: none"> • Introduction to Psychology • Writing in Psychology • Introduction to Research Methods • Statistical Methods I and II • Critical Thinking in Psychology 	<ul style="list-style-type: none"> • Psychological Health, Distress and Impairment • Animal Behaviour • Forensic Psychology • Psychology of Intimate Relationships • Drugs and Behaviour • Atypical Development

Admission Requirements

For Ontario High School Applicants

PROGRAM	OUAC CODE	ADMISSION AVERAGE*	ONTARIO HIGH SCHOOL PRE-REQUISITES**
Global Health (BA)	YHS	Mid to high 70s	ENG4U SBI4U (recommended)
Global Health (BSc)	YHT	Mid to high 70s	ENG4U + 4U Math + SBI4U or SCH4U or SPH4U
Health Studies (BHS)	YHE	Mid to high 70s	ENG4U 4U Math (recommended)
Health Policy, Management and Digital Health / Health Studies (BHS)	YHY	Mid to high 70s	ENG4U 4U Math (recommended)
Kinesiology and Health Science (BA)	YHC	High 70s to mid 80s	ENG4U + 4U Math + SBI4U or SCH4U or SPH4U
Kinesiology and Health Science (BSc)	YHD	High 70s to mid 80s	ENG4U + 4U Math + SCH4U or SPH4U
Neuroscience (BSc)	YHU	Low to mid 80s	ENG4U + MHF4U + SBI4U + SCH4U No pre-requisites below 80%
4-Year Direct Entry Nursing (BScN)	YHW	Mid to high 80s	ENG4U + 4U Math + SBI4U + SCH4U or SPH4U No pre-requisites below 70%
2nd Entry Nursing (BScN)	YHK	For university applicants with at least 60 credits (including pre-requisites). Visit: yorku.ca/health/2nd-entry-nursing	
Post-RN IEN Nursing (BScN)	YHO	For internationally educated nurses seeking RN registration with CNO or career advancement in Canada. Visit: yorku.ca/health/post-rn-nursing	
Psychology (BA)	YHA	Mid to high 70s	ENG4U
Psychology (BSc)	YHB	Mid to high 70s	ENG4U + 4U Math + SCH4U or SPH4U or SBI4U

*Admission average ranges vary by year, depending on the applicant pool and available space. Meeting the minimum average does not guarantee admission.

Minimum requirement for all programs: **Ontario Secondary School Diploma and minimum six **4U/4M** courses.

BA vs. BSc Degree Options: We offer Honours Bachelor of Arts (BA) and Honours Bachelor of Science (BSc) degree options in Global Health, Kinesiology and Health Science, and Psychology. Both options share a common set of core courses in the major. The BSc includes additional requirements in math, science, and computer science, while the BA provides greater flexibility to take electives.



QUESTIONS
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